THE TAVISTOCK PSYCHOANALYTIC APPROACH TO WORK WITH INFANTS, CHILDREN UNDER FIVE AND THEIR PARENTS

Holding the Baby and Toddler in Mind:
An individual, family and community perspective

CONTINUING PROFESSIONAL DEVELOPMENT

15 April - 19 April
2013

Fee: £595 (£545 if booked by 25 January 2013)

Ref. CPD58
This international five day intensive course offers a theoretical and technical approach to clinical work with infants, young children and their parents.

The course aims to help professionals gain a better understanding of emotional development and difficulties in work with infants, young children, parents and families. Key psychoanalytic concepts applied to infant and young child observation, parent-infant psychotherapy and clinical interventions with children and parents will be explored. There will be a focus on coping with separation, transition, loss, and trauma.

The programme includes plenary lectures, live supervision and panel discussions. Presentations will include clinical vignettes and audio-visual material to illustrate the link between theory and practice. Time has been allocated for dialogue between presenters and course participants, which aims to be stimulating, thought provoking and creative. Small discussion groups will provide an opportunity for more detailed consideration of participants own observational and clinical work.

The course will be conducted in English and early application is advised.

**Course Organisers**

- Dr. Louise Emanuel, Consultant Child and Adolescent Psychotherapist, Child and Family Directorate, The Tavistock and Portman NHS Foundation Trust
- Anna Fitzgerald, Child and Adolescent Psychotherapist, Senior Tutor, Birkbeck College University of London, Visiting Lecturer, The Tavistock and Portman NHS Foundation Trust

**Presenters**

- Leila Bargawi, Child and Adolescent Psychotherapist in Doctoral training, The Tavistock and Portman NHS Foundation Trust
- Michela Biseo, Parent-Infant Psychotherapist, Anna Freud Centre
- Alison Cantle, Child and Adolescent Psychotherapist, Royal Free Hospital
- Lynne Cudmore, Consultant Child and Adolescent Psychotherapist Chelsea and Westminster Hospital Peri-Natal Service
- Dilys Daws, Honorary Consultant Child and Adolescent Psychotherapist and Visiting Lecturer, The Tavistock and Portman NHS Foundation Trust
- Dr. Louise Emanuel
- Ricky Emanuel, Consultant Child and Adolescent Psychotherapist, Royal Free Hospital
- Anna Fitzgerald
- Milly Jenkins, Child and Adolescent Psychotherapist in Doctoral Training, The Tavistock and Portman NHS Foundation Trust
- Dr. Amanda Jones, Head of Perinatal Parent Infant Mental Health Service, North East London NHS Foundation Trust and Honorary Associate Professor, Warwick Medical School
- Jenny Kenrick, Honorary Consultant Child and Adolescent Psychotherapist, The Tavistock and Portman NHS Foundation Trust
- Dr. Sebastian Kraemer, Consultant Child and Adolescent Psychiatrist, Whittington Hospital, London, and Honorary Consultant, The Tavistock and Portman NHS Foundation Trust
- Graham Music, Consultant Child and Adolescent Psychotherapist, The Tavistock and Portman NHS Foundation Trust
- Asha Phillips, Consultant Child and Adolescent Psychotherapist, Visiting Lecturer, The Tavistock and Portman NHS Foundation Trust
- Dr. Debbie Sischy, Clinical Psychologist, Marlborough Family Service and Hammersmith CAMHS
- Dr. Janine Sternberg, Consultant Child and Adolescent Psychotherapist, The Tavistock and Portman NHS Foundation Trust
- Beverley Tydeman, Consultant Child and Adolescent Psychotherapist, Marlborough Family Service and The Tavistock and Portman NHS Foundation Trust
- Dr. Sarah Wynick, Consultant Child Psychiatrist, The Tavistock and Portman NHS Foundation Trust
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<tr>
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<tr>
<td>8.45</td>
<td>Registration and coffee</td>
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<tr>
<td>9.15</td>
<td>Introductions and Welcome</td>
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| 9.30  | ‘Being Held, Holding on, Letting go’: Brief and longer term work with families facing separation, loss and bereavement  
*Dr. Louise Emanuel* |
| 11.00 | Coffee                                                                  |
| 11.30 | Small Discussion Groups                                                 |
| 12.45 | Lunch                                                                   |
| 1.45  | Live supervision: Infant observation presentation  
*Dr. Janine Sternberg and Asha Phillips* |
| 3.00  | Coffee                                                                  |
| 3.30  | Small Discussion Groups                                                 |
| 4.45  | Thoughts and Reflections                                                |
| 5.15  | Close                                                                   |

**Monday 15 April**

**Tuesday 16 April 2013**

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<tr>
<td>9.00</td>
<td>Coffee</td>
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| 9.30  | Psychotherapy with Children Traumatised in Infancy: The long term effects of early experience  
*Ricky Emanuel* |
| 11.00 | Coffee                                                                  |
| 11.30 | Small Discussion Groups                                                 |
| 12.45 | Lunch                                                                   |
| 1.45  | ‘The Egyptian Mummy’: Long term psychotherapy with a 3 year old boy, whose mother suffered from postnatal depression  
*Anna Fitzgerald* |
| 3.00  | Coffee                                                                  |
| 3.30  | Small Discussion Groups                                                 |
| 4.45  | Thoughts and Reflections                                                |
| 5.15  | Close                                                                   |

**Wednesday 17 April 2013**

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<tr>
<td>9.00</td>
<td>Coffee</td>
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| 9.30  | Research Presentation: What does contact mean to babies and very young ‘Looked after Children’?  
*Jennifer Kenrick*  
Discussant - Graham Music |
| 11.00 | Coffee                                                                  |
| 11.30 | Small Discussion Groups                                                 |
| 12.45 | Lunch                                                                   |
| 1.45  | Parallel Presentations:  
- ‘Still Standing by the Weighing Scales’: Child Psychotherapists reflect on the experience of working alongside primary care practitioners in a local baby clinic  
*Dilys Daws and Leila Bargawi*  
- Supporting the Baby in the Neonatal Unit  
*Alison Cantle*  
- The Infant’s experience of traumatic states: Parent-infant psychotherapy and the therapeutic use of video filming; a treatment of a young traumatized mother and her baby  
*Michela Biseo*  
- Brief interventions, Extended Assessments and Long-Term Parent-Infant Work: Applications of the psychoanalytic approach  
*Milly Jenkins and Dr. Louise Emanuel* |
| 3.00  | Social Event - Including food and refreshments                          |
| 5.00  | Close                                                                   |

**Thursday 18 April 2013**

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<tr>
<td>9.00</td>
<td>Coffee</td>
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| 9.30  | Where Should the Attention Fall in Peri-Natal Work?  
*Lynne Cudmore* |
| 11.00 | Coffee                                                                  |
| 11.30 | Small Discussion Groups                                                 |
| 12.45 | Lunch                                                                   |
1.45 Concealed Pregnancy: ‘Hyperactive Toddler’
The importance of going beyond the
consulting room and into the community to
engage a vulnerable family
Beverly Tydeman and Dr. Debbie Sischy

3.00 Coffee
3.30 Small Discussion Groups
4.45 Thoughts and Reflections
5.15 Close

Friday 1 April 2013

9.30 Coffee
10.00 Holding the Baby in Mind when the Parental
Mind is Unsafe: Working with multiple minds
in interaction in parent-infant psychotherapy
Dr. Amanda Jones
11.15 Coffee
11.35 Small Discussion Groups
12.45 Lunch
1.45 Screening of a Brief Intervention with 3 Year
Old Conor and his Parents, with Clinicians
Sebastian Kraemer and Sarah Wynick, Part of
the BBC Series: ‘Talking Cure’
Dr. Sebastian Kraemer and Dr. Sarah Wynick
3.00 Coffee
3.30 Small Discussion Groups
4.45 Thoughts and Reflections
5.15 Close and Drinks Reception

“”
A well balanced course. The lectures
and small groups were informative,
interesting and stimulating. Having
students from different countries
added another dimension

“”
Throughout the week there was a
great atmosphere, everyone together
with the same aims and tools. There
was a good combination of theory,
observation and interpretation

FURTHER INFORMATION
Conference, Events and Marketing Unit
The Tavistock Centre,
120 Belsize Lane,
London NW3 5BA
Tel: 020 8938 2548
Fax: 020 7447 3837
Email: mfendrich@tavi-port.org
www.tavistockandportman.ac.uk/cpd58

Former students’ feedback
Holding the Baby and Toddler in Mind: An individual, family and community perspective (CPD58)
15 - 19 April 2013
Fee: £595 (£545 if booked by 25 January 2013)

PERSONAL DETAILS

Please complete clearly in block letters

TITLE
FIRST NAME
SURNAME
JOB TITLE
DEPARTMENT
ORGANISATION
ADDRESS
CITY
COUNTRY
POSTCODE

PAYMENT DETAILS

☐ I enclose a cheque for £595/£545 made payable to The Tavistock and Portman NHS Trust

☐ Please debit my Credit/Debit Card for £595/£545

Visa / MasterCard / Switch/Maestro / Delta

Card Number

Expiry date

Issue No/Start Date

(Delete as appropriate)

(Special for Switch/Maestro only)

Security code

(Last 3 numbers on the back of the card)

If your organisation will be paying and needs invoicing, please read Payment Terms and Conditions for how to arrange this.

SPECIAL REQUIREMENTS

Please indicate here if you have any special dietary or any other requirements:

WHERE DID YOU HEAR ABOUT THIS COURSE?

☐ Flier
☐ Email
☐ Advert (please state)

☐ Trust website
☐ Other website (please state)

☐ Flier passed on by colleague
☐ Personal Recommendation
☐ Tavistock event/notice board
☐ Other events (please state)

☐ None of the above

TERMS AND CONDITIONS

HOW TO BOOK

☐ Please complete this form, using BLOCK letters (photocopy this form if more than one is required, one form per person)

☐ Return the completed form and payment to the address below

PAYMENT TERMS

☐ Payment must be made in full and before the event

☐ Payment can be made by cheque or credit card, receipts will be issued

☐ Payment can also be made by BACS transfer, please contact the Conference Unit for details

☐ Invoices can be issued to organisations for payment, on request and on receipt of an official purchase order. Invoices will not be issued without the appropriate paperwork

☐ Invoices cannot be issued within 14 days prior of the course date. All bookings made in this time must be paid in full at the time of booking

CONFIRMATION

☐ Bookings will be confirmed on receipt of a completed application form and full payment of the conference fee

☐ Joining instructions will be sent to you by email if an email address is given, otherwise will be sent in the post

CANCELLATION POLICY

☐ All cancellations must be made in writing to the address below

☐ All cancellations are subject to an administration charge of 10% of the course fee

☐ Cancellations made no later than 14 days prior to the course are eligible for a full refund minus the administration charge

☐ No refunds will be given for cancellations made within 14 days of the course start date

☐ The Tavistock and Portman NHS Foundation Trust reserves the right change the course content, timing, speakers or venue without notice

DATA PROTECTION

The Trust does not make your details available to any external organisations. Your details will be added to our database to process your request and to keep you updated with relevant training and events. If you do not wish to receive this information, please tick the box ☐

FURTHER INFORMATION

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